# Continuous β-Amyloid CSF/PET Imbalance Model to Capture Alzheimer Disease Heterogeneity

Sophie E. Mastenbroek, MSc,\* Arianna Sala, PhD,\* David Vállez García, PhD, Mahnaz Shekari, PhD, Gemma Salvadó, PhD, Luigi Lorenzini, PhD, Leonard Pieperhoff, MSc, Alle Meije Wink, PhD, Isadora Lopes Alves, PhD, Robin Wolz, PhD, Craig Ritchie, PhD, Mercè Boada, MD, PhD, Pieter Jelle Visser, MD, PhD, Marco Bucci, PhD, Gill Farrar, PhD, Oskar Hansson, MD, PhD, Agneta K. Nordberg, MD, PhD, Rik Ossenkoppele, PhD, Frederik Barkhof, MD, PhD, Juan Domingo Gispert, PhD, Elena Rodriguez-Vieitez, PhD,† and Lyduine E. Collij, PhD,† for the Alzheimer's Disease Neuroimaging Initiative on behalf of the AMYPAD consortium

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## Correspondence

Ms. Mastenbroek s.e.mastenbroek@ amsterdamumc.nl

# **Abstract**

# **Background and Objectives**

Discordance between CSF and PET biomarkers of  $\beta$ -amyloid (A $\beta$ ) might reflect an imbalance between soluble and aggregated species, possibly reflecting disease heterogeneity. Previous studies generally used binary cutoffs to assess discrepancies in CSF/PET biomarkers, resulting in a loss of information on the extent of discordance. In this study, we (1) jointly modeled A $\beta$ -CSF/PET data to derive a continuous measure of the imbalance between soluble and fibrillar pools of  $A\beta$ , (2) investigated factors contributing to this imbalance, and (3) examined associations with cognitive trajectories.

## **Methods**

Across 822 cognitively unimpaired (n = 261) and cognitively impaired (n = 561) Alzheimer's Disease Neuroimaging Initiative individuals (384 [46.7%] females, mean age  $73.0 \pm 7.4$  years), we fitted baseline CSF-Aβ<sub>42</sub> and global Aβ-PET to a hyperbolic regression model, deriving a participant-specific Aβ-aggregation score (standardized residuals); negative values represent more soluble relative to aggregated A $\beta$  and positive values more aggregated relative to soluble Aβ. Using linear models, we investigated whether methodological factors, demographics, CSF biomarkers, and vascular burden contributed to Aβ-aggregation scores. With linear mixed models, we assessed whether Aβ-aggregation scores were predictive of cognitive functioning. Analyses were repeated in an early independent validation cohort of 383 Amyloid Imaging to Prevent Alzheimer's Disease Prognostic and Natural History Study individuals (224 [58.5%] females, mean age  $65.2 \pm 6.9$  years).

From the Department of Radiology and Nuclear Medicine (S.E.M., D.V.G., L.L., L.P., A.M.W., F.B., L.E.C.), Vrije Universiteit Amsterdam, Amsterdam University Medical Center, location VUmc; Amsterdam Neuroscience (S.E.M., D.V.G., L.L., L.P., A.M.W., F.B., L.E.C.), Brain Imaging, the Netherlands; Clinical Memory Research Unit (S.E.M., G.S., O.H., R.O., L.E.C.), Department of Clinical Sciences Malmö, Lund University; Division of Clinical Geriatrics (A.S., M. Bucci, A.K.N., E.R.-V.), Center for Alzheimer Research, Department of Neurobiology, Care Sciences and Society, Karolinska Institutet, Stockholm, Sweden; Coma Science Group (A.S.), GIGA-Consciousness, University of Liège; Centre du Cerveau2 (A.S.), University Hospital of Liège, Belgium; Barcelonaßeta Brain Research Center (BBRC) (M.S., G.S., J.D.G.), Pasqual Maragall Foundation; IMIM (Hospital del Mar Medical Research Institute) (M.S., J.D.G.), Barcelona; Centro de Investigación Biomédica en Red de Fragilidad y Envejecimiento Saludable (M.S., J.D.G.), Instituto de Salud Carlos III, Madrid; Universitat Pompeu Fabra (M.S.), Barcelona, Spain; Brain Research Center (I.L.A.), Amsterdam, the Netherlands; IXICO (R.W.), London; Centre for Clinical Brain Sciences (C.R.), University of Edinburgh, United Kingdom; Ace Alzheimer Center Barcelona (M. Boada), Universitat Internacional de Catalunya, Spain; Networking Research Center on Neurodegenerative Diseases (CIBERNED) (M. Boada), Instituto de Salud Carlos III, Madrid, Spain; Alzheimer Center Amsterdam (P.J.V., R.O.), Neurology, Vrije Universiteit Amsterdam, Amsterdam UMC location VUmc; Amsterdam Neuroscience (P.J.V.), Neurodegeneration; Alzheimer Center Limburg (P.J.V.), School for Mental Health and Neuroscience, Maastricht University, the Netherlands; Division of Neurogeriatrics (P.J.V.), Department of Neurobiology, Care Sciences and Society, Karolinska Institutet, Stockholm, Sweden; Theme Inflammation and Aging (M. Bucci, A.K.N.), Karolinska University Hospital, Stockholm, Sweden; GE Healthcare (G.F.), Amersham, United Kingdom; Memory Clinic (O.H.), Skåne University Hospital, Malmö, Sweden; and Centre for Medical Image Computing (F.B.), and Queen Square Institute of Neurology, UCL, London, United Kingdom.

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Data used in preparation of this article were obtained from the Alzheimer's Disease Neuroimaging Initiative (ADNI) database (adni.loni.usc.edu). As such, the investigators within the ADNI contributed to the design and implementation of ADNI and/or provided data but did not participate in analysis or writing of this report. A complete listing of ADNI investigators are listed at Neurology.org. Data used in the preparation of this article were obtained from the Prognostic and Natural History Study (PNHS), provided by the Amyloid Imaging to Prevent Alzheimer's Disease Consortium (AMYPAD). As such, investigators within the AMYPAD PNHS and AMYPAD Consortium contributed to the design and implementation of AMYPAD and/or provided data but did not participate in the analysis or writing of this report. A complete list of AMYPAD investigators are listed at Neurology.org.

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<sup>\*</sup>These authors contributed equally to this work as co-first authors.

<sup>†</sup>These authors contributed equally to this work as co-last authors.

# **Glossary**

Aβ = β-amyloid; AD = Alzheimer disease; ADNI = Alzheimer's Disease Neuroimaging Initiative; ADAS-Cog = Alzheimer's Disease Assessment Scale-Cognitive Subscale; ADNI-EF = Alzheimer's Disease Neuroimaging Initiative executive functioning; ADNI-MEM = Alzheimer's Disease Neuroimaging Initiative memory; ALFA+ = Alzheimer's and Family cohort; AMYPAD = Amyloid Imaging to Prevent Alzheimer's Disease; CDR = Clinical Dementia Rating; CI = cognitively impaired; CU = cognitively unimpaired; CL = Centiloid; EPAD-LCS = European Prevention of Alzheimer's Dementia Longitudinal Cohort Study; FACEHBI = Fundació ACE Healthy Brain Initiative; FBB = [18F]Florbetaben; FBP = [18F]florbetapir; FLAIR = fluid-attenuated inversion recovery; FMM = [18F]Flutemetamol; IQR = interquartile range; LEAP = learning embeddings for atlas propagation; MBq = megabecquerel; MCI = mild cognitive impairment; MMSE = Mini-Mental State Examination; PC = parent cohort; p.i. = postinjection; PNHS = Prognostic and Natural History Study; p-tau = phosphorylated-tau; SUVr = standardized uptake value ratio; t-tau = total-tau; WMH = white matter hyperintensity.

## Results

The imbalance model could be fit (pseudo- $R^2 = 0.94$ ) in both cohorts, across CSF kits and PET tracers. Although no associations were observed with the main methodological factors, lower A $\beta$ -aggregation scores were associated with larger ventricular volume ( $\beta = 0.13$ , p < 0.001), male sex ( $\beta = -0.18$ , p = 0.019), and homozygous *APOE*- $\varepsilon$ 4 carriership ( $\beta = -0.56$ , p < 0.001), whereas higher scores were associated with increased uncorrected CSF p-tau ( $\beta = 0.17$ , p < 0.001) and t-tau ( $\beta = 0.16$ , p < 0.001), better baseline executive functioning ( $\beta = 0.12$ , p < 0.001), and slower global cognitive decline ( $\beta = 0.14$ , p = 0.006). In the validation cohort, we replicated the associations with *APOE*- $\varepsilon$ 4, CSF t-tau, and, although modestly, with cognition.

#### Discussion

We propose a novel continuous model of A $\beta$  CSF/PET biomarker imbalance, accurately describing heterogeneity in soluble vs aggregated A $\beta$  pools in 2 independent cohorts across the full A $\beta$  continuum. A $\beta$ -aggregation scores were consistently associated with genetic and AD-associated CSF biomarkers, possibly reflecting disease heterogeneity beyond methodological influences.

# Introduction

The accumulation of  $\beta$ -amyloid (A $\beta$ ) plaques in the brain is considered one of the main pathologic hallmarks of Alzheimer disease (AD) and can be measured directly using PET-imaging, or indirectly as A $\beta$ <sub>42</sub> in the CSF. <sup>1,2</sup> Although these measures are generally regarded as interchangeable biomarkers of A $\beta$ -status, discordance occurs in 10%–20% of the AD continuum. <sup>2-4</sup> It has been suggested that these biomarkers measure biochemically distinct A $\beta$  pools, with CSF reflecting soluble A $\beta$  and PET fibrillary aggregates. <sup>5</sup> Hence, discrepancies might indicate an imbalance between different A $\beta$ -species, possibly reflecting distinct disease pathways. <sup>2</sup> To date, models characterizing discordance have been suboptimal, and consequently, its underlying factors and clinical value remain poorly understood.

Previous studies investigating discordance generally used binary cutoffs to assign participants into discordant groups of either isolated low CSF-A $\beta_{42}$  (CSF+/PET-) or isolated elevated A $\beta$ -PET retention (CSF-/PET+). Based on this approach, differences between CSF+/PET- and CSF-/PET+ groups in demographics, cognitive, clinical, genetic, and/or AD biomarker profiles and trajectories have been reported, with, however, discrepant findings among studies. These inconsistencies could be due to cohort-related differences, varying statistical power, or methodological factors,  $^{10,11}$  such as

the use of different cutoffs to establish  $A\beta$  biomarker status. <sup>12-14</sup> Other limitations of using discrete cutoff values include a loss of information on the extent of discordance and limiting analyses to early disease stages where discordance is most frequently observed.

Therefore, we propose a continuous model of soluble/ aggregated A $\beta$ -imbalance, by jointly modelling A $\beta$ -CSF/PET data of cognitively unimpaired (CU) and cognitively impaired (CI) individuals and deriving a participant-specific A $\beta$ -aggregation score. This approach provides us with a single measure capturing the full range of possible A $\beta$  biomarker discordance. We investigated the association of A $\beta$ -aggregation scores with (1) methodological factors, to support that the observed results are not due to methodology; (2) demographics, CSF biomarkers, and vascular burden, to assess biological factors that may promote imbalance between soluble and aggregated A $\beta$ ; and (3) baseline and longitudinal cognition, to investigate clinical relevance. Finally, we investigated the generalizability of the model to an independent, heterogeneous, multicohort validation data set across multiple CSF kits and PET tracers.

# **Methods**

## **Study Cohorts**

Data were obtained from the Alzheimer's Disease Neuroimaging Initiative (ADNI) database (adni.loni.usc.edu) and from the Amyloid Imaging to Prevent Alzheimer's Disease (AMYPAD) Prognostic and Natural History Study (PNHS) (version number v202306; doi: 10.5281/zenodo.8017084data; release January 20, 2023). The ADNI study was launched in 2003 as a public-private partnership, led by Principal Investigator Michael W. Weiner, MD. The primary goal of ADNI has been to test whether MRI, PET, other biological markers, and clinical and neuropsychological assessment can be combined to measure the progression of mild cognitive impairment (MCI) and early AD. The AMYPAD-PNHS is a pan-European cohort recruiting from 17 sites across 10 parent cohorts (PCs) and collects information on cognitive functioning, disease biomarkers, and traditional risk factors. Its main focus is on the earliest stages of AD, with inclusion criteria of Clinical Dementia Rating (CDR) ≤0.5 and age >50 years.

# Standard Protocol Approvals, Registrations, and Patient Consents

The study was approved by the Ethics Committees or Institutional Review Boards of each ADNI site before study initiation. All participants gave written informed consent (ClinicalTrials.gov registry numbers: ADNI GO: NCT01078636; ADNI 1: NCT00106899; ADNI 2: NCT01231971; AMYPAD-PNHS EudraCT: 2018-002277-22).

## **Participants**

The discovery sample included 822 ADNI participants of whom 261 were CU (healthy controls: n=173, subjective memory complaints: n=88) and 561 CI (MCI: n=427, dementia: n=134). All participants underwent CSF-A $\beta_{42}$  sampling and [ $^{18}$ F]florbetapir (FBP) PET imaging at baseline, within a time interval of 90 days (mean = 10.1, SD = 13.8 days; median = 6.0, interquartile range [IQR] = 1.0–13.0 days), obtained between April 2010 and April 2014 at 57 ADNI sites. Only those participants who had CSF-A $\beta_{42}$  levels quantified through mass spectrometry, deemed as the gold standard in CSF protein quantification,  $^{16}$  were included.

The validation sample included 383 AMYPAD-PNHS participants of whom 326 were CU and 57 had MCI as defined by a CDR score of 0.5. These participants were selected from 3 PCs within the AMYPAD-PNHS, including the European Prevention of Alzheimer's Dementia Longitudinal Cohort Study (EPAD-LCS) (n = 202),  $^{17}$  the Alzheimer's and Family cohort (ALFA+) (n = 132),  $^{18}$  and the Fundació ACE Healthy Brain Initiative (FACEHBI) study (n = 49).  $^{19}$  All participants underwent CSF-A $\beta_{42}$  sampling and [ $^{18}$ F]florbetaben (FBB) or [ $^{18}$ F]flutemetamol (FMM) PET imaging at baseline within 1 year of each other (mean = 124.0, SD = 94.60 days; median = 99.0, IQR = 43.5–187.5 days).

#### **CSF Measures**

In the discovery cohort, ADNI lumbar CSF samples were acquired in the morning following overnight fasting, as described previously on the ADNI website (adni.loni.usc.edu/). CSF-A $\beta_{42}$ , A $\beta_{40}$ , and A $\beta_{38}$  were quantified using 2D-UPLC-tandem mass spectrometry. CSF phosphorylated-tau (p-tau) and

total-tau (t-tau) levels were derived through the multiplex xMAP Luminex platform (Luminex Corp, Austin, TX) with an INNO-BIA AlzBio3 immunoassay kit (Innogenetics, Ghent, Belgium).<sup>21</sup>

# **Aβ-PET Acquisition and Processing**

Full details of PET procedures in the ADNI discovery cohort are described elsewhere. PET Briefly, FBP PET images were obtained 50–70 minutes postinjection (p.i.) using various PET scanners. Standardized uptake value ratio (SUVr) images were created using the whole cerebellum as the reference region. Following the standard ADNI pipeline, scans were processed using FreeSurfer version 7.1 to extract a weighted global SUVr measure across frontal, anterior/posterior cingulate, lateral parietal, and lateral temporal lobes. Finally, SUVrs were transformed to the CL scale to enable comparisons with the validation cohort.

In the validation cohort, FMM (EPAD-LCS [n = 126] and ALFA+) and FBB (EPAD-LCS [n = 76] and FACEHBI) PET scans were conducted according to the standard protocol for each tracer. 29,30 Specifically, 4 frames of 5 minutes each were acquired 90-110 minutes p.i. of 185 megabecquerel (MBq)  $(\pm 10\%)$  for FMM and 350 MBq  $(\pm 20\%)$  for FBB, using a variety of PET scanners. Image analysis was performed centrally using IXICO's in-house fully automated workflow. PET frames were coregistered, averaged, and aligned to the corresponding MRI scan, which was parcellated using a participant-specific multiatlas approach, that is, the learning embeddings for atlas propagation (LEAP) parcellation procedure.<sup>31</sup> Since Aβ-PET scans were obtained from a variety of scanners and sites, an image harmonization standard operational procedure has been developed in collaboration with the European Association of Nuclear Medicine initiative EARL (earl.eanm.org/) to harmonize quantification in nuclear medicine imaging. 32 SUVr images were obtained using LEAP parcellation masks with the whole cerebellum reference region in native space. To pool Aβ-PET data across PCs, SUVrs were transformed to CLs using the standard GAAIN target region as a measure of global amyloid burden.<sup>28,33</sup>

## **MRI Acquisition and Processing**

At baseline, a subset of participants in the discovery cohort underwent MRI as described previously.<sup>34</sup> From T1-weighted

images, we derived ventricular volumes measured as the bilateral sum of the lateral ventricles; third, fourth, and fifth ventricles; and the choroid plexus (n=652). In addition, white matter hyperintensity (WMH) volumes were assessed based on a Bayesian approach to segment high-resolution 3D T1-weighted and fluid-attenuated inversion recovery (FLAIR) sequences (n=776). All MRI measures were corrected for total intracranial volume.

Within 1 year of baseline, a subset of participants in the validation cohort underwent MRI according to PC-specific protocols (n = 336). MRI images were acquired on a Siemens Healthineers, Philips Healthcare, or GE Healthcare scanner (EPAD-LCS)<sup>36</sup>; a Philips Ingenia CX 3T scanner (ALFA+)<sup>37</sup>; and a 1.5-T Siemens Magneton Aera scanner (FACEHBI).<sup>38</sup> T1-weighted scans were processed centrally, including motion correction, removal of nonbrain tissue, and parcellation into FreeSurfer v7.1.1-based regions of interest. Parcellations were visually quality controlled. Ventricular volumes were computed identically to ADNI. Since WMH volumes were not available in the validation cohort, Fazekas visual read in the deep white matter was assessed from FLAIR sequences by local readers for 228 participants.

## **Cognitive Assessments**

All participants in the discovery cohort underwent a complete cognitive assessment within 1 year of baseline (mean time interval ranged from 0.4-9.4 months across cognitive domains), and a subset was followed over time (n = 792), with mean follow-up time ranging from 3.6 to 3.8 years across domains. Cognitive measures used in this study included global cognition assessed with the MMSE and Alzheimer's Disease Assessment Scale-cognitive subscale (ADAS-Cog11), a composite score of memory (ADNI-MEM) performance, and a composite score of executive functioning (ADNI-EF) performance. As described more in-depth previously, 39,40 composite scores were created by applying latent modelling to a range of cognitive tests (ADNI-MEM: memory items from the MMSE and ADAS-Cog11, immediate and delayed recall and recognition scores from the Rey Auditory Verbal Learning Test, and immediate and delayed recall scores from Logical Memory I of the Wechsler Memory Scale Revised; ADNI-EF: the Wechsler Adult Intelligence Scale Revised Digit Symbol Substitution Test, the Digit span Backward test, Trail Making Test A and B, animals and vegetables category fluency tests, and the clock drawing test).

For participants in the validation cohort, we selected similar global, memory, and executive functioning tests within 1 year of baseline (mean time interval ranged from 1.8 to 4.0 months across tests) and over time, with mean follow-up time ranging from 2.7 to 3.6 years between tests. Tests included the MMSE, immediate and delayed recall and recognition tests (EPAD-LCS: subdomains of the Repeatable Battery for the Assessment of Neuropsychological status; ALFA+: the Free and Cued Selective Reminding test; FACEHBI: Wechsler Memory Scale III), a categorical (animals or vegetables)

fluency test, the Digit Span Backward test, and Trail Making Test B corrected for A. Sample sizes varied by test, with longitudinal analyses including all participants with at least 1 measurement. For each cognitive test, cohort-specific *z*-scores were calculated based on the aforementioned CU reference group.

# Continuous Aβ CSF/PET Imbalance Modelling

Modelling was performed separately for the discovery (CU and CI combined) and validation cohort, using in-house code written in MATLAB (version R2022a; The Mathworks, Matwick, MA). More detailed information on the statistical modelling is described in the Supplementary Methods. Briefly, we iteratively fitted a hyperbolic regression model between baseline CSF-A $\beta_{42}$  (pg/mL in the main cohort, z-scored in the validation cohort) and A $\beta$ -PET CL data, by minimizing the sum of the Euclidean distance of the experimental points to the fitted line (Figure 1B).

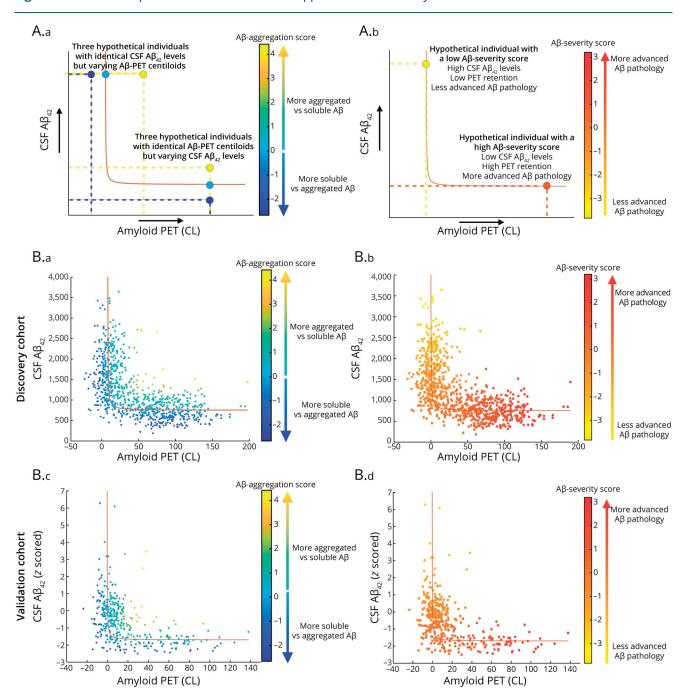
Next, from this single model, we derived 2 subject-specific measures of (1) the relative imbalance between soluble (CSF) and aggregated (PET) A $\beta$ , termed A $\beta$ -aggregation, and (2) the extent of A $\beta$ -pathology, termed A $\beta$ -severity (Figure 1A). Aβ-aggregation scores were calculated as the difference between the observed and predicted data point (i.e., the standardized Euclidean distance of the observed data point to the fitted line). A positive score denotes a higher PET CL value than expected for a given value of CSF-A\(\beta\_{42}\) (i.e., more aggregated relative to soluble A\(\beta\), whereas a negative score denotes lower CSF-A $\beta_{42}$  values than expected for a given value of PET CL (i.e., more soluble relative to aggregated  $A\beta$ ). In turn, Aβ-severity indicates where—along the hyperbolic regression line—the datapoint is located (i.e., the standardized Euclidean distance between the individual predicted value and the median of all predicted values). A positive score reflects more advanced Aβ-pathology and a negative score reflects less advanced Aβ-pathology. Figure 1A shows several hypothetical data points and their respective Aβ-aggregation and Aβ-severity scores.

# **Statistical Analysis**

Differences in sample characteristics between diagnostic groups and between cohorts were assessed using 2-sample t tests for continuous variables, with Wilcoxon tests in case of nonnormality, and chi-square tests for categorical variables. For subsequent statistical analyses, we included participants with ventricular volume measures ( $n_{\rm discovery} = 652$ ,  $n_{\rm validation} = 336$ ), with varying sample sizes across statistical models.

In the discovery cohort, we performed separate linear regression models predicting the A $\beta$ -aggregation score with (1) methodological factors ( $\Delta t$   $_{CSF/PET-measures}$  and ventricular volume), (2) demographics (age, sex, years of education, and number of APOE- $\epsilon 4$  copies), (3) CSF biomarkers (A $\beta_{38}$  and A $\beta_{40}$ , p-tau, and t-tau), and (4) vascular burden (WMH volumes). CSF predictors were tested as raw data and divided by CSF-A $\beta_{40}$ . For methodological and demographic factors,

Figure 1 Continuous Aβ CSF/PET Imbalance Model Applied to the Discovery and Validation Cohort



(A) Illustration of the interpretation of A $\beta$ -aggregation (left) and A $\beta$ -severity (right) measures. A $\beta$ -aggregation scores reflect the relative imbalance between CSF and PET biomarkers of A $\beta$ , with a value of 0 (light blue) representing no imbalance, positive values (green-yellow) representing more aggregated relative to soluble A $\beta$ , and negative values (dark blue) representing more soluble relative to aggregated A $\beta$ . The top left part of the figure shows 3 hypothetical datapoints with identical CSF A $\beta$ 42 levels on the y-axis, but varying levels of A $\beta$ -PET CL on the x-axis and the effect on the A $\beta$ -aggregation measure. A $\beta$ -severity scores indicate where along the hyperbolic model an individual is located, with negative values (orange-yellow) representing an individual at the beginning of the regression line/ A $\beta$  aggregation trajectory with less advanced A $\beta$  pathology, and positive values (red) representing an individual at the end of the regression line/A $\beta$  aggregation trajectory with more advanced A $\beta$  pathology. (B) Scatterplots of the hyperbolic relationship between CSF-A $\beta$ 42 and A $\beta$ -PET CLs in the discovery cohort (top row) and validation cohort (bottom row), color-coded for A $\beta$ -aggregation scores (left) and A $\beta$ -severity (right). A $\beta$  =  $\beta$ -amyloid; CL = Centiloid.

predictors were tested concurrently, while CSF and vascular predictors were tested individually and corrected for age, sex, and number of APOE- $\epsilon$ 4 copies. All models were adjusted for A $\beta$ -severity as a measure of total A $\beta$ -pathology burden and for ventricular volume. To determine whether A $\beta$ -aggregation scores predicted baseline (A $\beta$ -aggregation at time = 0) and

longitudinal (A $\beta$ -aggregation  $\times$  time) cognition, we ran domain-specific linear mixed models with participant-specific random intercept and slope. Covariates were A $\beta$ -severity, ventricular volume, age, sex, years of education, and number of *APOE*- $\epsilon$ 4 copies. We assessed whether the associations with imbalance were dependent on the extent of A $\beta$ -

pathology by adding a 2-way interaction term to the models at baseline and a 3-way interaction for longitudinal cognition. As sensitivity analyses, all above-stated analyses were stratified for cognitive status (CU and CI) and corrected for CSF dynamics by computing CSF-A $\beta_{42/40}$  and A $\beta$ -PET CL-derived A $\beta$ -aggregation and A $\beta$ -severity scores.

Similar models were performed in the validation cohort, where CSF kit and PET tracer were added as methodological factors, Fazekas visual read was used instead of WMH volume, and cognitive functioning was assessed in specific tests as described under cognitive assessments. Sensitivity analyses were not conducted because of a lack of data on CSF  $A\beta_{40}$  and too few CI individuals for stratification.

Statistical analyses were performed in R version 4.2.0.<sup>41</sup> Significance was set at 2-sided p < 0.05. p Values regarding models with CSF biomarkers and cognition were false discovery rate–corrected for multiple comparisons based on the number of models. Regression coefficients are reported as standardized betas ( $\beta$ s).

## **Data Availability**

The data that support the findings of this study are openly available on request on the ADNI open-source database and through the Alzheimer's Disease Data Initiative website for AMYPAD-PNHS (alzheimersdata.org/). An in-house Matlab code to derive A $\beta$ -aggregation and A $\beta$ -severity scores is available on the AMYPAD website (amypad.eu/resources/software/).

## **Results**

## **Participant Characteristics**

Baseline demographics of the discovery and validation cohorts are summarized in Table 1. Compared with the discovery cohort, the validation cohort was younger (73.0  $\pm$  7.4 vs 65.2  $\pm$  6.9 years, t=17.4, p<0.001), had a higher proportion of women (46.7% vs 58.5%,  $\chi^2=13.9$ , p<0.001), fewer years of education (16.3  $\pm$  2.6 vs 14.6  $\pm$  3.8, W = 200,094, p<0.001), a higher MMSE (27.6  $\pm$  2.6 and 28.9  $\pm$  1.5, W = 106,328, p<0.001), smaller ventricles (0.03  $\pm$  0.00 vs 0.02  $\pm$  0.01, t=7.3, p<0.001), and lower amyloid burden (40.3  $\pm$  44.1 vs 17.4  $\pm$  27.8, W = 200,876, p<0.001), illustrating the early nature of this cohort.

## **Continuous Imbalance Model**

Figure 1B shows the fitted models for the discovery (a = 3,673.1, b = -2,924.9, c = -0.3; pseudo- $R^2$  = 0.94) and validation cohort (a = 0.5, b = -2.2, c = -0.4; pseudo- $R^2$  = 0.94), color coded by Aβ-aggregation (left) and Aβ-severity (right) scores. In both cohorts, a wide range of Aβ-aggregation values are observed across Aβ-severity (eFigure 1), indicating that imbalance permeates the entire Aβ accumulation process, with a similar Aβ-aggregation range across cohorts (eFigure 2). In the discovery cohort, Aβ-aggregation scores differed significantly (p = 0.001) between CU and CI groups, with an average of 0.2 ± 1.0 in CU participants and -0.1 ± 1.0 in CI participants (Table 1,

eFigure 2A). As expected, CU individuals had on average a lower Aβ-severity score in comparison with CI (CU:  $-0.5 \pm 0.9$ , CI: 0.2  $\pm$  1.0; p < 0.001) (Table 1, eFigures 2C and 3).

# Methodologic and Biological Factors Promoting Imbalance

In the discovery cohort, larger ventricular volume was associated with lower A $\beta$ -aggregation scores ( $\beta = -0.13$ , p < 0.001; eFigure 4) (Table 2). Therefore, all subsequent analyses were adjusted for ventricular volume. Male sex ( $\beta = -0.18$ , p =0.019) (eFigure 4) and carrying 2 APOE- $\varepsilon$ 4 copies ( $\beta = -0.56$ , p < 0.001, Figure 2A) were associated with lower A $\beta$ -aggregation scores. None of the above-stated predictors showed an interaction with Aβ-severity. Increased concentrations of CSF biomarkers reflecting tau burden (p-tau:  $\beta = 0.17$ , p < 0.001), neurodegeneration (t-tau:  $\beta = 0.16$ , p < 0.001), and A $\beta$  production (A $\beta_{38}$ :  $\beta = 0.48$ , p < 0.001; A $\beta_{40}$ :  $\beta = 0.51$ , p < 0.001) were related to higher Aβ-aggregation scores (eFigures 5 and 6). The relationships with  $A\beta_{38}$  ( $A\beta_{38} \times A\beta$ -severity:  $\beta = 0.22$ , p < 0.001) and A $\beta_{40}$  (A $\beta_{40} \times$  A $\beta$ -severity:  $\beta = 0.56$ , p < 0.001) were exacerbated at more advanced levels of Aß pathology. When correcting CSF biomarkers for A $\beta_{40}$ , an inversion of directionality of the associations was observed for p-tau ( $\beta$  = -0.19, p < 0.001) and t-tau ( $\beta = -0.19$ , p < 0.001). Associations remained significant after adjustment for multiple comparisons. Vascular burden was not significantly associated with the Aβ-aggregation measure and did not show a significant interaction with Aβ-severity.

Similarly to the discovery cohort, in the validation cohort, lower A $\beta$ -aggregation scores were associated with homozygous APOE- $\epsilon$ 4 carriership ( $\beta$  = -0.41, p = 0.038, Figure 2B) and higher scores with higher CSF t-tau levels ( $\beta$  = 0.14, p = 0.020, eFigure 5D) (Table 2). Associations remained significant after correction for multiple comparisons. CSF biomarkers showed a significant interaction with A $\beta$ -severity, with higher concentrations being associated with a higher A $\beta$ -aggregation score at more advanced levels of A $\beta$  pathology (p-tau × A $\beta$ -severity:  $\beta$  = 0.11, p = 0.024; t-tau × A $\beta$ -severity:  $\beta$  = 0.19, p = 0.020). Ventricular volume (eFigure 4B), sex (eFigure 4D), CSF p-tau (eFigure 5B), vascular burden, or any of the additionally tested methodological factors was not associated with A $\beta$ -aggregation.

# Associations With Baseline and Longitudinal Cognition

In the discovery cohort, higher A $\beta$ -aggregation scores were related to better baseline global cognition measured with the MMSE ( $\beta$  = 0.23, p = 0.017), memory ( $\beta$  = 0.08, p = 0.013), and executive functioning ( $\beta$  = 0.14, p < 0.001) (Table 3, Figure 3, A, C, and D). By contrast, higher A $\beta$ -aggregation scores were related to higher baseline ADAS-Cog11 scores, indicating worse global cognition ( $\beta$  = 0.09, p = 0.040, Figure 3B). Effects on baseline MMSE were exacerbated at more advanced A $\beta$  levels (A $\beta$ -imbalance × A $\beta$ -severity:  $\beta$  = 0.18, p = 0.045). In addition, higher A $\beta$ -aggregation scores were predictive of slower global cognitive decline over time as measured by the MMSE ( $\beta$  = 0.13, p = 0.007, Figure 3E), but not specific cognitive domains or

**Table 1** Baseline Characteristics

	Discovery coho	rt	Validation coho	rt		
	All	CU	CI	p Value <sup>a</sup>	All	<i>p</i> Value <sup>b</sup>
N	822	261	561		383	
Age	73.0 (7.4)	73.8 (6.4)	72.6 (7.8)	0.025 <sup>e</sup>	65.2 (6.9)	<0.001 <sup>e</sup>
Female, n (%)	384 (46.7)	141 (54.0)	243 (43.3)	0.005 <sup>e</sup>	224 (58.5)	<0.001 <sup>e</sup>
Years of education	16.3 (2.6)	16.0 (2.7)	16.4 (2.6)	0.133	14.6 (3.8)	<0.001 <sup>e</sup>
MMSE score	27.6 (2.6)	29.1 (1.1)	26.8 (2.8)	<0.001 <sup>e</sup>	28.9 (1.5)	<0.001 <sup>e</sup>
Missing, n (%)	0 (0.0)	0 (0.0)	0 (0.0)	_	17 (4.4)	_
APOE-ε4 copies, n (%)				<0.001 <sup>e</sup>		0.132
0	451 (54.9)	189 (72.4)	262 (46.7)	_	189 (49.3)	_
1	293 (35.6)	66 (25.3)	227 (40.5)	_	159 (41.5)	_
2	78 (9.5)	6 (2.3)	72 (12.8)	_	33 (8.6)	_
Missing, n (%)	0 (0.0)	0 (0.0)	0 (0.0)	_	2 (0.5)	_
Ventricular volume <sup>c</sup>	0.03 (0.0)	0.02 (0.01)	0.03 (0.01)	0.001 <sup>e</sup>	0.02 (0.01)	<0.001 <sup>e</sup>
Missing, n (%)	170 (20.7)	62 (23.8)	108 (19.3)		47 (12.3)	_
Interval CSF and PET (d)	10.1 (13.8)	10.0 (14.4)	10.1 (13.6)	0.519	124.0 (94.6)	<0.001 <sup>e</sup>
CSF-Aβ <sub>42</sub> <sup>d</sup>	1,200 (631)	1,460 (646)	1,080 (587)	<0.001 <sup>e</sup>	-0.6 (1.3)	_
Global amyloid burden (CL)	40.3 (44.1)	22.2 (35.2)	48.7 (45.4)	<0.001 <sup>e</sup>	17.4 (27.8)	<0.001 <sup>e</sup>
Aβ-aggregation score	0 (1)	0.2 (1.0)	-0.1 (1.0)	0.001 <sup>e</sup>	0 (1)	_
Aβ-severity score	0 (1)	-0.5 (0.9)	0.2 (1.0)	<0.001 <sup>e</sup>	0 (1)	_

Abbreviations:  $A\beta = \beta$ -amyloid; CI = cognitively impaired; CL = Centiloid; CU = cognitively unimpaired; MMSE = Mini-Mental State Examination. Data are reported as mean (SD), unless indicated otherwise.

in interaction with  $A\beta$ -severity. All associations remained after correction for multiple comparisons.

In the validation cohort, baseline cognition was not related to A $\beta$ -aggregation or A $\beta$ -aggregation  $\times$  A $\beta$ -severity. Higher A $\beta$ -aggregation scores were associated with attenuated semantic memory decline over time ( $\beta$  = 0.04, p = 0.034; Table 4; Figure 3F). At high levels of A $\beta$  pathology, high A $\beta$ -aggregation scores were associated with slower memory decline (A $\beta$ -aggregation  $\times$  A $\beta$ -severity  $\times$  time:  $\beta$  = 0.04, p = 0.033). After adjustment for multiple comparisons, associations were no longer statistically significant.

## Sensitivity Analyses in the Discovery Cohort

Associations with ventricular volume, CSF t-tau, CSF-A $\beta_{38}$ , and CSF-A $\beta_{40}$  remained significant after stratification for baseline cognitive status (eTable 1). In both CU and CI groups, CSF A $\beta_{38}$  and A $\beta_{40}$  interacted with A $\beta$ -severity so that higher CSF concentrations were associated with higher A $\beta$ -aggregation scores at high levels of pathology (CU: A $\beta_{38}$  × A $\beta$ -severity  $\beta$  = 0.26, p <

0.001 and  $A\beta_{40} \times A\beta$ -severity  $\beta = 0.28$ , p < 0.001; CI:  $A\beta_{38} \times A\beta$ severity  $\beta = 0.20$ , p < 0.001 and  $A\beta_{40} \times A\beta$ -severity  $\beta = 0.24$ , p <0.001). In CU individuals, a similar interaction was observed for CSF t-tau ( $\beta = -0.16$ , p = 0.015). Lower A $\beta$ -aggregation scores for men were observed in CU individuals only ( $\beta = -0.36$ , p = 0.018), whereas lower scores in homozygous APOE- $\epsilon$ 4 carriers ( $\beta$  = -0.62, p < 0.001) and higher scores with increased CSF p-tau levels ( $\beta = 0.20$ , p < 0.001) were observed in the CI group only. Although no further interactions with Aβ-severity were observed in the CI group, both education ( $\beta = 0.24$ , p = 0.002) and WMH volume ( $\beta = -0.25$ , p = 0.008) significantly interacted with Aβ-severity in CU individuals with—at high levels of pathology-more years of education being related to higher Aβ-aggregation scores and higher WMH volumes to lower Aβ-aggregation scores. Regarding cognition, baseline results were driven by the CI group and longitudinal findings or interactions could not be replicated in the CU or CI groups separately (eTable 2).

All above-mentioned analyses were repeated with A $\beta$ -aggregation scores derived from CSF-A $\beta_{42/40}$  (eTables 3 and 4). In line

<sup>&</sup>lt;sup>a</sup>p Value indicates differences between CU and CI individuals in the discovery cohort.

 $<sup>^{\</sup>mathrm{b}}p$  Value indicates differences between the full discovery and validation cohorts.

<sup>&</sup>lt;sup>c</sup> Ventricular volume is reported as the ratio between total ventricular volume (mm³) and intracranial volume (mm³).

<sup>&</sup>lt;sup>d</sup> Raw data in pg/mL are shown for the discovery cohort, while z-scores are displayed for the validation cohort.

<sup>&</sup>lt;sup>e</sup> *p* < 0.05.

**Table 2** Baseline Associations Between Aβ-Aggregation Score and Methodological, Demographical, CSF Biomarker, and Vascular Variables

	Discovery col	hort			Validation cohort			
Predictor	β (SE)	p Value	Adjusted <i>p</i> value	R <sup>2</sup>	β (SE)	p Value	Adjusted <i>p</i> value	R <sup>2</sup>
Methodological factors	n = 652				n = 336			
Interval CSF and PET	0.01 (0.04)	0.842	_	0.02	0.07 (0.06)	0.234	_	0.04
Ventricular volume	-0.13 (0.04)	<0.001 <sup>a</sup>	_		-0.09 (0.05)	0.094	_	
CSF kit	_	_	_		-0.11 (0.21)	0.608	_	
PET tracer	_	_	_		0.09 (0.14)	0.520	_	
Demographics	n = 652				n = 334			
Age	0.04 (0.04)	0.384	_	0.07	0.02 (0.06)	0.752	_	0.06
Sex (ref male)	0.18 (0.08)	0.019 <sup>a</sup>	_		0.09 (0.11)	0.402	_	
Years of education	-0.03 (0.04)	0.417	_		-0.07 (0.05)	0.189	_	
APOE-ε4 copies (ref 0)								
1	0.02 (0.09)	0.818	_		0.12 (0.12)	0.304	_	
2	-0.56 (0.14)	<0.001 <sup>a</sup>	_		-0.41 (0.19)	0.038 <sup>a</sup>	_	
CSF biomarkers	n = 652				n = 285			
Aβ production								
CSF-Aβ <sub>38</sub>	0.48 (0.04)	<0.001 <sup>a</sup>	<0.001 <sup>a</sup>	0.26	_	_	_	_
CSF-Aβ <sub>40</sub>	0.51 (0.04)	<0.001 <sup>a</sup>	<0.001 <sup>a</sup>	0.29	_	_	_	_
Tau burden								
CSF p-tau	0.17 (0.04)	<0.001 <sup>a</sup>	<0.001 <sup>a</sup>	0.09	0.11 (0.06)	0.070	0.070	0.07
Neurodegeneration								
CSF t-tau	0.16 (0.04)	<0.001 <sup>a</sup>	<0.001 <sup>a</sup>	0.09	0.14 (0.06)	0.020 <sup>a</sup>	0.039 <sup>a</sup>	0.08
Vascular burden	n = 612				n = 239			
WMH volumes	0.02 (0.04)	0.597	_	0.08	_	_	_	_
Fazekas score (ref 0)								
Score 1	_	_	_	_	-0.12 (0.14)	0.393	_	0.09
Score 2 or 3	_	_	_	_	-0.36 (0.22)	0.099	_	

Abbreviations:  $A\beta = \beta$ -amyloid; p-tau = phosphorylated tau; t-tau = total tau; WMH = white matter hyperintensity. Results from linear models between  $A\beta$ -aggregation score as outcome and methodological factors, demographics, CSF biomarkers, and vascular burden as predictors. Betas are standardized, and the standard error is shown in brackets.  $\alpha = 10$  and  $\alpha = 10$ 

with the above-tested CSF biomarker analyses adjusted for  $A\beta_{40}$ , the  $A\beta_{42/40}$ -derived aggregation score was related to ventricular volume and CSF biomarkers in the opposite direction as compared with  $A\beta_{42}$ -derived scores. This inversion of directionality was also observed in CI individuals, whereas no significant associations were found in the CU group. Similar results to the  $A\beta_{42}$ -derived aggregation measure were found regarding demographics and cognition. More specifically,  $A\beta_{42/40}$ -derived scores were negatively associated with carrying 2 *APOE-* $\epsilon$ 4 copies in the whole cohort and CI individuals, and with male sex in CU individuals. In addition, higher  $A\beta_{42/40}$ -derived aggregation scores were associated with slower longitudinal decline on a

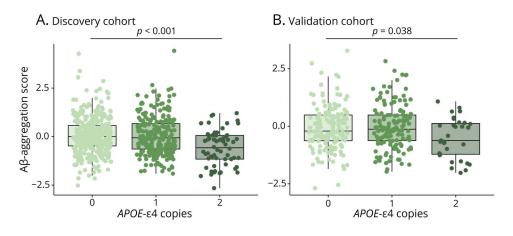
memory composite in CI individuals. However, this relationship did not survive correction for multiple comparisons, and associations with baseline cognition were not observed.

Results in the discovery and validation cohort without adjusting for ventricular volume are presented in eTables 5 and 6.

## Discussion

In this study, we propose a continuous model of Aβ CSF/PET biomarker imbalance, accurately describing heterogeneity in

Figure 2 Association Between Aβ-Aggregation Score and Number of APOE-ε4 Copies



Relationship between A $\beta$ -aggregation scores and number of APOE  $\epsilon$ 4 copies in the (A) discovery cohort and (B) validation cohort. A $\beta$ -aggregation indicates the imbalance between CSF and PET biomarkers of A $\beta$ , with positive values representing more aggregated relative to soluble A $\beta$  and negative values representing more soluble relative to aggregated A $\beta$ . Unadjusted p values are shown. A $\beta$  =  $\beta$ -amyloid.

soluble vs aggregated A $\beta$  pools in 2 independent cohorts. We derived participant-specific A $\beta$ -aggregation scores, with negative values representing more soluble relative to aggregated A $\beta$  and positive values reflecting more aggregated relative to soluble A $\beta$ . We found that a lower A $\beta$ -aggregation score was consistently, albeit weakly, associated with carrying 2 *APOE*- $\epsilon$ 4 copies and lower concentrations of CSF t-tau in 2 independent cohorts, while no consistent association with methodological factors was reported. In the more pathologically advanced discovery cohort, a lower A $\beta$ -aggregation score

**Table 3** Discovery Cohort: Aβ-Aggregation Score Predicting Baseline and Longitudinal Cognition

	Discovery cohort (n = 652)						
Outcome	β (SE)	p Value	Adjusted <i>p</i> value	R <sup>2</sup>			
Cross-sectional							
MMSE	0.23 (0.10)	0.017 <sup>a</sup>	0.023 <sup>a</sup>	0.20			
ADAS-Cog11	0.56 (0.27)	0.042 <sup>a</sup>	0.042 <sup>a</sup>	0.05			
ADNI-MEM	0.08 (0.03)	0.013 <sup>a</sup>	0.023 <sup>a</sup>	0.27			
ADNI-EF	0.14 (0.04)	<0.001 <sup>a</sup>	<0.001 <sup>a</sup>	0.25			
Longitudinal							
MMSE	0.14 (0.05)	0.006 <sup>a</sup>	0.024 <sup>a</sup>	0.09			
ADAS-Cog11	0.10 (0.10)	0.308	0.308	0.08			
ADNI-MEM	0.01 (0.01)	0.155	0.267	0.25			
ADNI-EF	0.01 (0.01)	0.200	0.267	0.21			

Abbreviations:  $A\beta = \beta$ -amyloid; ADAS-Cog = Alzheimer's Disease Assessment Scale-Cognitive Subscale; <math>ADNI-EF = Alzheimer's Disease Neuroimaging Initiative executive functioning; <math>ADNI-MEM = Alzheimer's Disease Neuroimaging Initiative memory; <math>MMSE = Mini-Mental State Examination.

In the discovery cohort, results from separate linear mixed models between several cognitive domains as outcome and  $A\beta$ -aggregation score as predictor are shown at baseline and longitudinally. Betas are standardized, and standard errors are shown in brackets.

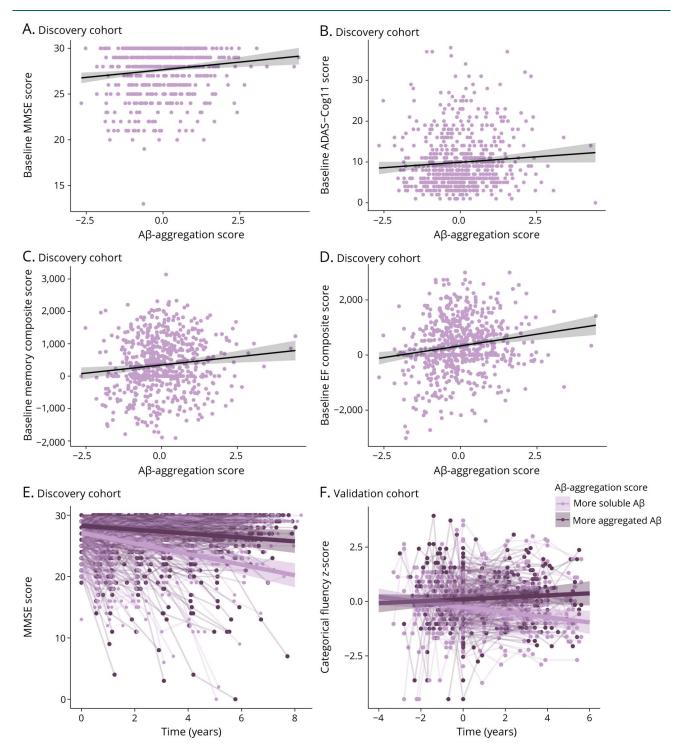
 $^{\rm a}p < 0.05$ . p Values are shown unadjusted and adjusted for multiple comparisons.

was additionally moderately related to worse cognition at baseline and follow-up. Altogether, our findings suggest that soluble/aggregated A $\beta$  imbalance reflects disease heterogeneity beyond methodological influences.

Accumulation of fibrillar A\beta has been shown to be dependent on the amount of available Aß and can be modified by the APOE genotype. 42 APOE-E4 seems to impair the balance between soluble and aggregated Aß forms. In particular, APOE-E4 was found to promote the accumulation of amorphous Aβ assemblies which might not be detected with PET imaging so that the same amount of soluble  $A\beta_{42}$  might result in a lower amount of fibrillar Aβ plaques in APOE-ε4 carriers. In line, we observed in both cohorts that homozygous APOEε4 carriership was related to an Aβ-imbalance toward more soluble CSF-A $\beta_{42}$  relative to fibrillary PET retention. Of note, although the current work focused on global PET burden, a previous study suggested that the modulating effect of APOEε4 might be regionally dependent. 43 It is therefore of future interest to investigate factors underlying regional imbalance patterns. In addition, we report a sex effect in the discovery cohort, with CU women having relatively more aggregated than soluble Aß as compared with men. Underlying mechanisms remain to be further investigated, but sex hormones have been proposed to potentially play a role.<sup>43</sup> Of interest, previous studies have emphasized the complexity of the interplay between different factors influencing Aß fibrillization by showing interaction effects of sex and APOE-ε4 carriership on the extent of Aβ deposition. 44,45

We observed in both the discovery and validation cohort that an imbalance toward more aggregated relative to soluble A $\beta$  was associated with higher CSF t-tau concentrations. Similar associations were observed for CSF-A $\beta_{38}$  and A $\beta_{40}$  (note that the relationship could not be tested in the validation cohort due to lack of data), and CSF p-tau in the discovery cohort only. When we corrected for the possible influence of CSF dynamics in the ADNI cohort by adjusting CSF predictors for

Figure 3 Predictive Value of Aβ-Aggregation Score on Baseline and Longitudinal Cognition



(A–D) In the discovery cohort, scatterplots of the relationship are shown between A $\beta$ -aggregation score and baseline cognitive performance on (A) the MMSE, with higher values representing better cognition; (B) the ADAS-Cog11, with higher values representing worse performance; (C) a memory composite with higher values representing better performance; and (D) an executive functioning composite with higher values representing better performance. (E, F) Association between A $\beta$ -aggregation scores and longitudinal cognition with regression lines depicting a representative participant with a score of -2 (light purple) and 2 (dark purple). In the background, participant-specific trajectories are shown. Time was coded as years from baseline (baseline = 0). (E) In the discovery cohort, global cognition is shown as MMSE scores, (F) whereas in the validation cohort, semantic memory is shown as categorical fluency z-scores, with higher scores representing better performance. In the validation cohort, parent cohort specific z-scores were calculated for harmonization, based on a cognitively unimpaired reference sample. A $\beta$ -aggregation indicates the imbalance between CSF and PET biomarkers of A $\beta$ , with positive values representing more aggregated relative to soluble A $\beta$  and negative values representing more soluble relative to aggregated A $\beta$ . A $\beta$  =  $\beta$ -amyloid; ADAS-Cog = Alzheimer's Disease Assessment Scale-Cognitive Subscale; EF = executive functioning; MMSE = Mini-Mental State Examination.

Table 4 Validation Cohort: Aβ-Aggregation Score Predicting Baseline and Longitudinal Cognition

	Validation cohort					
Outcome	n	β (SE)	p Value	Adjusted <i>p</i> value	R <sup>2</sup>	
Cross-sectional						
MMSE	334	-0.05 (0.07)	0.495	0.693	0.15	
Immediate recall	333	-0.01 (0.06)	0.908	0.951	0.26	
Delayed recall	334	-0.04 (0.07)	0.951	0.951	0.29	
Memory recognition	206	-0.20 (0.14)	0.167	0.390	0.16	
Categorical fluency	334	0.09 (0.05)	0.074	0.390	0.17	
Digit span backwards	177	-0.05 (0.06)	0.379	0.663	0.16	
Trail Making Test B	176	-0.11 (0.07)	0.123	0.390	0.14	
Longitudinal						
MMSE	334	-0.02 (0.02)	0.470	0.658	0.12	
Immediate recall	333	0.03 (0.02)	0.103	0.240	0.45	
Delayed recall	334	0.00 (0.02)	0.880	0.937	0.20	
Memory recognition	206	0.07 (0.04)	0.067	0.235	0.12	
Categorical fluency	334	0.04 (0.02)	0.034 <sup>a</sup>	0.235	0.20	
Digit span backwards	177	0.02 (0.02)	0.181	0.317	0.24	
Trail Making Test B	176	0.00 (0.03)	0.937	0.937	0.14	

Abbreviations:  $A\beta = \beta$ -amyloid; MMSE = Mini-Mental State Examination.

In the validation cohort, results from separate linear mixed models between several cognitive tests as outcome and Aβ-aggregation score as a predictor are shown at baseline and longitudinally. Betas are standardized, and standard errors are shown in brackets.

Aβ<sub>40</sub> or by deriving Aβ-aggregation scores from CSF-Aβ<sub>42/40</sub>, we observed inversed directionality of associations with CSF biomarker concentrations, whereas associations with other variables remained in similar directions as with CSF-Aβ<sub>42</sub>–derived aggregation scores. A possible explanation is that Aβ biomarker imbalance might be greatly influenced by CSF dynamics, as illustrated by studies showing the importance of correcting for interindividual variability, <sup>46</sup> and that using CSF-Aβ<sub>42/40</sub> yields a lower frequency of discordance with Aβ-PET as compared with CSF-Aβ<sub>42</sub>. Therefore, it could be that individuals with relatively low CSF-Aβ<sub>42</sub> concentrations generally have low CSF protein levels due to specific factors affecting general production and clearance dynamics, such as enlarged ventricles or inherent lower protein production.

Finally, we observed a modest association between cognition and A $\beta$ -imbalance in the discovery cohort. More soluble relative to aggregated A $\beta$  was associated with worse baseline global, memory, and executive functioning performance and with steeper global cognitive decline. All models were adjusted for A $\beta$ -severity, indicating that associations with cognition persist even when correcting for variations in A $\beta$  accumulation progression. A possible explanation is that individuals with relatively more soluble A $\beta$  might have more toxic/detrimental oligomeric A $\beta$ -species. <sup>49</sup> These prefibrillary

oligomers are A $\beta$ -assemblies that exist along the aggregation pathway from soluble A $\beta$ -peptides to fibrillar plaques and are not (yet) detectable with PET. Hence, an increase in oligomeric species would explain reduced soluble CSF-A $\beta_{42}$  levels with relatively lower PET uptake values than expected, and as a result worse cognitive functioning.

We show that the imbalance model generalized, with a similar range in Aβ-aggregation and Aβ-severity scores, to an independent and early cohort with different CSF kits and PET tracers, highlighting the applicability beyond ADNI. However, it should be noted that while similar trends were observed, not all associations with Aβ-aggregation reached statistical significance in the validation cohort. This is not unexpected, considering the smaller sample size and early nature of this cohort, resulting in limited statistical power. In addition, this finding is in line with the observation that in the discovery cohort associations with CSF p-tau and cognition were driven by CI individuals. Hence, although it goes beyond the scope of this study, it is of interest for future research to investigate whether findings can be replicated in a more similar cohort to ADNI.

Taken all results together, our findings provide additional evidence to the hypothesis that an imbalance between soluble

 $<sup>^{</sup>a}$  p < 0.05. p Values are shown unadjusted and adjusted for multiple comparisons.

and aggregated A $\beta$  might reflect distinct disease pathways toward full A $\beta$  biomarker abnormality, with an imbalance toward more soluble A $\beta$  being related to worse outcomes. Although these effects were exacerbated at more advanced levels of A $\beta$  pathology, they were already present in an early population. Thus, A $\beta$  biomarker imbalance might allow for the identification of individuals at risk of clinical progression, which could be relevant for selection strategies in clinical trials. In line, it was recently shown that anti-amyloid drugs targeting soluble A $\beta$  might be more successful in slowing cognitive decline. We show that relatively more soluble A $\beta$  occurs not only in early disease stages, but across the AD continuum, potentially identifying patients who would benefit most from current treatments.

Strengths of this study include the use of a discovery and validation cohort, illustrating the applicability of the continuous imbalance model across heterogeneous study populations, PET tracers, and CSF kits. This study also has several limitations. First, although we tested several methodological factors, several preanalytical and postanalytical factors such as handling of CSF samples or off-target PET ligand binding could have contributed to Aβ biomarker imbalance. However, in the current work, we attempted to minimize the effect of these methodological factors by harmonizing and standardizing outcome measures across multiple cohorts and study sites. Second, the CSF/PET imbalance measure is strongly dependent on model fit, and as a result, large samples are needed to accurately assess deviations or an imbalance in the relationship between CSF and PET biomarkers. This could potentially be of concern for other study cohorts with relatively fewer data points, leading to less accurate estimations of imbalance. However, in our validation cohort, which was substantially smaller than the discovery cohort, model fit and ranges in Aβ-aggregation scores comparable with the discovery cohort were observed.

In conclusion, we showed a more general framework of  $A\beta$  biomarker imbalance permeating the full AD continuum. We observed that such continuous measure of  $A\beta$  biomarker imbalance was associated with genetic risk, AD-associated CSF biomarkers, and cognition. These findings suggest that  $A\beta$  biomarker imbalance might represent more than methodological error, possibly reflecting disease heterogeneity of potential value to clinical trials.

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## **Disclosure**

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## **Publication History**

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## **Appendix 1** Authors

Name	Location	Contribution
Sophie E. Mastenbroek, MSc	Department of Radiology and Nuclear Medicine, Vrije Universiteit Amsterdam, Amsterdam University Medical Center, location VUmc; Amsterdam Neuroscience, Brain Imaging, the Netherlands; Clinical Memory Research Unit, Department of Clinical Sciences Malmö, Lund University, Sweden	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data; study concept or design; analysis or interpretation o data

Appendix 1	(continued)	
Name	Location	Contribution
Arianna Sala, PhD	Division of Clinical Geriatrics, Center for Alzheimer Research, Department of Neurobiology, Care Sciences and Society, Karolinska Institutet, Stockholm, Sweden; Coma Science Group, GIGA- Consciousness, University of Liège; Centre du Cerveau2, University Hospital of Liège, Belgium	Drafting/revision of the manuscript for content, including medical writing for content; study concept or design; analysis or interpretation of data
David Vállez García, PhD	Department of Radiology and Nuclear Medicine, Vrije Universiteit Amsterdam, Amsterdam University Medical Center, location VUmc; Amsterdam Neuroscience, Brain Imaging, the Netherlands	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data
Mahnaz Shekari, PhD	Barcelonaβeta Brain Research Center (BBRC), Pasqual Maragall Foundation; IMIM (Hospital del Mar Medical Research Institute), Barcelona; Centro de Investigación Biomédica en Red de Fragilidad y Envejecimiento Saludable, Instituto de Salud Carlos III, Madrid; Universitat Pompeu Fabra, Barcelona, Spain	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data
Gemma Salvadó, PhD	Clinical Memory Research Unit, Department of Clinical Sciences Malmö, Lund University, Sweden; Barcelonaßeta Brain Research Center (BBRC), Pasqual Maragall Foundation, Spain	Drafting/revision of the manuscript for content, including medical writing for content
Luigi Lorenzini, PhD	Department of Radiology and Nuclear Medicine, Vrije Universiteit Amsterdam, Amsterdam University Medical Center, location VUmc; Amsterdam Neuroscience, Brain Imaging, the Netherlands	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data
Leonard Pieperhoff, MSc	Department of Radiology and Nuclear Medicine, Vrije Universiteit Amsterdam, Amsterdam University Medical Center, location VUmc; Amsterdam Neuroscience, Brain Imaging, the Netherlands	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data
Alle Meije Wink, PhD	Department of Radiology and Nuclear Medicine, Vrije Universiteit Amsterdam, Amsterdam University Medical Center, location VUmc; Amsterdam Neuroscience, Brain Imaging, the Netherlands	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data

Continued

Appendix 1 (continued)		Appendix 1 (continued)			
Location	Contribution	Name	Location	Contribution	
Brain Research Center, Amsterdam, the Netherlands	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data	Agneta K. Nordberg, MD, PhD  Rik Ossenkoppele,	Center for Alzheimer Research, Department of Neurobiology, Care Sciences and Society, Karolinska Institutet; Theme	Drafting/revision of the manuscript for content, including medical writing for content	
IXICO, London, United Kingdom	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data		Karolinska University Hospital, Stockholm, Sweden Clinical Memory Research Unit, Department of Clinical	Drafting/revision of the manuscript for content, including medical writing	
Centre for Clinical Brain Sciences, University of Edinburgh, Scotland, United Kingdom	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data		University, Sweden; Alzheimer Center Amsterdam, Neurology, Vrije Universiteit Amsterdam, Amsterdam UMC location VUmc, the Netherlands	for content; study concep or design; analysis or	
Ace Alzheimer Center Barcelona, Universitat Internacional de Catalunya; Networking Research Center on Neurodegenerative Diseases (CIBERNED), Instituto de Salud Carlos III, Madrid, Spain	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data	Frederik Barkhof, MD, PhD	Department of Radiology and Nuclear Medicine, Vrije Universiteit Amsterdam, Amsterdam University Medical Center, location VUmc; Amsterdam Neuroscience, Brain Imaging, the Netherlands; Centre for Medical Image Computing, and Queen	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data; analysis or interpretation data	
Alzheimer Center Amsterdam, Neurology, Vrije Universiteit Amsterdam, Amsterdam UMC location VUmc; Amsterdam Neuroscience, Neurodegeneration; Alzheimer Center Limburg, School for Mental Health and Neuroscience, Maastricht University, the Netherlands; Division of Neurogeriatrics, Department of	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data	Juan Domingo Gispert, PhD	Square Institute of Neurology, UCL, London, United Kingdom  Barcelonaβeta Brain Research Center (BBRC), Pasqual Maragall Foundation; IMIM (Hospital del Mar Medical Research Institute), Barcelona; Centro de Investigación Biomédica en Red de Fragilidad y Envejecimiento Saludable, Instituto de Salud Carlos III, Madrid, Spain	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data; study concept or design; analysis or interpretation o data	
Sciences and Society, Karolinska Institutet, Stockholm, Sweden  Division of Clinical Geriatrics, Center for Alzheimer Research, Department of	Drafting/revision of the manuscript for content, including medical writing for content	Elena Rodriguez- Vieitez, PhD	Division of Clinical Geriatrics, Center for Alzheimer Research, Department of Neurobiology, Care Sciences and Society, Karolinska Institutet, Stockholm, Sweden	Drafting/revision of the manuscript for content, including medical writing for content; study concept or design; analysis or interpretation of data	
Neurobiology, Care Sciences and Society, Karolinska Institutet; Theme Inflammation and Aging, Karolinska University Hospital, Stockholm, Sweden		Lyduine E. Collij, PhD	Universiteit Amsterdam, Amsterdam University Medical Center, location VUmc; Amsterdam	Drafting/revision of the manuscript for content, including medical writing for content; major role in the acquisition of data; study concept or design;	
GE Healthcare, Amersham, United Kingdom	Drafting/revision of the manuscript for content, including medical writing for content		Imaging, the Netherlands; Clinical Memory Research Unit, Department of Clinical Sciences Malmö, Lund	analysis or interpretation o data	
Clinical Memory Research Unit, Department of Clinical Sciences Malmö,	Drafting/revision of the manuscript for content, including medical writing		<u> </u>		
	Brain Research Center, Amsterdam, the Netherlands  IXICO, London, United Kingdom  Centre for Clinical Brain Sciences, University of Edinburgh, Scotland, United Kingdom  Ace Alzheimer Center Barcelona, Universitat Internacional de Catalunya; Networking Research Center on Neurodegenerative Diseases (CIBERNED), Instituto de Salud Carlos III, Madrid, Spain  Alzheimer Center Amsterdam, Neurology, Vrije Universiteit Amsterdam, Amsterdam UMC location VUmc; Amsterdam Neuroscience, Neurodegeneration; Alzheimer Center Limburg, School for Mental Health and Neuroscience, Maastricht University, the Netherlands; Division of Neurogeriatrics, Department of Neurobiology, Care Sciences and Society, Karolinska Institutet, Stockholm, Sweden  Division of Clinical Geriatrics, Center for Alzheimer Research, Department of Neurobiology, Care Sciences and Society, Karolinska Institutet; Theme Inflammation and Aging, Karolinska University Hospital, Stockholm, Sweden  GE Healthcare, Amersham, United Kingdom	Brain Research Center, Amsterdam, the Netherlands  IXICO, London, United Kingdom  IXICO, London, United Kingdom  Centre for Clinical Brain Sciences, University of Edinburgh, Scotland, United Kingdom  Ace Alzheimer Center Barcelona, Universitat Internacional de Catalunya; Networking Research Centre on Neurodegenerative Diseases (CIBERNED), Instituto de Salud Carlos III, Madrid, Spain  Alzheimer Center Amsterdam, Neurology, Vrije Universiteit Amsterdam Neuroscience, Neurodegeneration UMC location VUmc; Amsterdam Neuroscience, Neurodegeneration, Izheimer Center Limburg, School for Mental Health and Neuroscience, Maastricht University, the Netherlands; Division of Neurobiology, Care Sciences and Society, Karolinska Institutet, Stockholm, Sweden  Division of Clinical Geriatrics, Center for Alzheimer Research, Department of Neurobiology, Care Sciences and Society, Karolinska Institutet, Theme Inflammation and Aging, Karolinska University Hospital, Stockholm, Sweden  Division of Clinical Geriatrics, Center for Neurobiology, Care Sciences and Society, Karolinska Institutet; Theme Inflammation and Aging, Karolinska University Hospital, Stockholm, Sweden  Drafting/revision of the manuscript for content, including medical writing for content; including medical writing for content, including medi	Brain Research Center, Amsterdam, the Netherlands PhD	Brain Research Center, Amsterdam, the Netherlands brain deanuscript for content, including medical writing for content; major role in the acquisition of data  MICO, London, United Kingdom  Drafting/revision of the manuscript for content, including medical writing for content, major role in the acquisition of data  Centre for Clinical Brain Sciences, University Edinburgh, Scotdand, United Kingdom  Drafting/revision of the manuscript for content, including medical writing for content major role in the acquisition of data  Drafting/revision of the manuscript for content, including medical writing for content, major role in the acquisition of data  Ace Alzheimer Center Barcelona, Universitat internacional de Catalunya; Including medical writing for content, major role in the acquisition of data  Prederik Barkhof, MD, PhD  Frederik Barkhof, MD, PhD  Arbeimer Center Amsterdam, Neurology, Virgi Environmental Universitiet Amsterdam, Neurology, Virgi Universitiet Barkhof, MD, PhD  Arbeimer Center Amsterdam, Neurology, Virgi Environmental Universitiet Amsterdam, Neurology, Virgi Environmental Universitiet Amsterdam, Neurology, Virgi Environmental Universitiet Amsterdam, Neurology, Virgi Universitiet Amsterdam, Neurology, Virgi Universitiet Amsterdam, Neurology, Virgi Universitiet Barkhof, MD, PhD  Barkhof, MD, PhD  Barcelona, Iniversitat Universitiet Amsterdam, Neurology, Virgi Barkhof, MD, PhD  Barkleimer Center Amsterdam, Neurology, Virgi Barkhof, MD, PhD  Barcelona,	

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